

# AUSTERE MEDICINE

## PROGRAM 2023

260+ COURSE HOURS

REQUIRED COURSES FOR FULL CERTIFICATION



### LEVEL 1: THE STANDARD AUSTERE MEDIC

AUSTERE MEDICINE: ACUTE CARE 40 HRS  
AUSTERE MEDICINE: TRAUMA FOCUS 40 HRS  
WILDERNESS FIRST AID 24-HR CERTIFICATION COURSE  
HERBAL FIRST AID COURSE 8 HRS  
MAKING YOUR OWN HERBAL FIRST AID KIT 14 HRS

*Total: 126 documented course hours*



### LEVEL 2: THE ADVANCED AUSTERE MEDIC

AUSTERE & DISASTER BIRTHWORKERS ONLINE COURSE, 25 HRS  
EMERGENCY BIRTH SKILLS COURSE, 16 HRS  
ADVANCED WILDERNESS FIRST AID ONLINE COURSE, 24 HRS  
VENOMOUS BITES AND STINGS COURSE, 14 HRS  
MEDICAL ADVANCED PARTY ONLINE COURSE, 28 HRS

*Total: 107 documented course hours*

### LEVEL 3: THE AUSTERE SPECIALIST MEDIC

HOME Immersion Training  
The HERBALISM & OFF-GRID MEDICINE EXPERIENCE (HOME)  
13-day on-site training that completes Wilderness First Responder certification skills, acute & trauma hands-on training, clinical infrastructure, and medical outreach training for any type of environment.

*120 training hours*

TO ENROLL IN COURSES OR FOR INFORMATION ON BUNDLES  
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