

THE FAMILY HERBALIST PROGRAM CURRICULUM

12-MONTH COURSE, 230+ COURSE HOURS

INTERACTIVE ONLINE COURSES

PEDIATRIC HERBAL MEDICINE

BEGINS EACH FALL (OCT - DEC)

WELLNESS FOR CHILDREN
CHILDRENS' HERBAL MEDICINE CABINET
KID-FRIENDLY FORMULAS
IMMUNITY, INFECTION & FEVER
COMMON CHILDHOOD DISORDERS

10-WEEK ONLINE COURSE

RASHES, BUMPS & SKIN IRRITATIONS
DISEASES THAT WE VACCINATE AGAINST
GUT, RESPIRATORY, SLEEP & MOOD
MATERIA MEDICA FOR CHILDREN
40 CLASS HOURS

MAIDEN, MOTHER, CRONE WOMENS' HERBAL HEALTH

BEGINS EACH WINTER (JANUARY – MARCH)

10-WEEK ONLINE COURSE

UNDERSTAND AND LEARN THE HERBAL PROTOCOLS FOR WOMENS' REPRODUCTIVE HEALTH. HERBAL GUIDANCE FOR AUTO-IMMUNE DISEASES TO INCLUDE GUT HEALTH & PAIN MANAGEMENT, MENSTRUAL & VAGINAL HEALTH, FEMALE ENDOCRINE SYSTEM HEALING, WISE WOMEN TRADITIONS & WOMEN'S HEALTH, BREAST HEALTH, FEMALE REPRODUCTIVE ISSUES (FROM FIBROIDS TO ENDOMETRIOSIS TO INFERTILITY), THE MENOPAUSAL YEARS & A SPECIFIC MATERIA MEDICA AND A CUSTOM FORMULARY FOR WOMEN.

40 CLASS HOURS

AND *CO-REQUISITE COURSES*

HERBAL MEDICINE FOR PROFESSIONALS

60+ HOURS OF ONLINE
FOUNDATION
TRAINING

HERBS FOR BIRTHWORKERS, DOULAS & MIDWIVES ONLINE COURSE

LEARN AN HERBAL SUPPORT SYSTEM FOR THE CHILDBEARING
YEAR WITH PRENATAL AND BIRTH CARE. OPEN TO ANYONE.

24 ONLINE CLASS HOURS
(TAUGHT EVERY APRIL)

AUSTERE AND DISASTER BIRTHWORKERS COURSE

EVERYTHING YOU SHOULD DO AND WHAT YOU
SHOULD NOT DO IN A BIRTH SITUATION WHEN
HIGHER CARE IS NOT AVAILABLE. OPEN TO ANYONE.

20 HOURS OF ONLINE COURSE WORK
(TAUGHT EVERY MAY)

2 DAY CHILDBIRTH HANDS-ON TRAINING

A TWO-DAY CLASS INTENSIVE, FOCUSING ON PRACTICAL SKILLS
FOR ANYONE IN AN EMERGENCY BIRTH SITUATION. THIS 16-
HOUR COURSE COVERS PRENATAL SKILLS, LABOR & BIRTH
SUPPORT, POSTPARTUM SUPPORT AND EMERGENCY BIRTH
SKILLS.

16 CLASS HOURS ON-SITE

INTRODUCTION TO CLINICAL NUTRITION

20 HOURS OF CLINICAL
TRAINING TAUGHT ONLINE