

THE FAMILY HERBALIST PROGRAM CURRICULUM

12-MONTH COURSE, 230+ COURSE HOURS

INTERACTIVE ONLINE COURSES

PEDIATRIC HERBAL MEDICINE

BEGINS EACH SPRING (MAY – JULY)

WELLNESS FOR CHILDREN
CHILDRENS' HERBAL MEDICINE CABINET
KID-FRIENDLY FORMULAS
IMMUNITY, INFECTION & FEVER
COMMON CHILDHOOD DISORDERS

10-WEEK ONLINE COURSE

RASHES, BUMPS & SKIN IRRITATIONS
DISEASES THAT WE VACCINATE AGAINST
GUT, RESPIRATORY, SLEEP & MOOD
MATERIA MEDICA FOR CHILDREN
40 CLASS HOURS

MAIDEN, MOTHER, CRONE WOMENS' HERBAL HEALTH

BEGINS EACH WINTER (JANUARY – APRIL)

10-WEEK ONLINE COURSE

UNDERSTAND AND LEARN THE HERBAL PROTOCOLS FOR WOMENS' REPRODUCTIVE HEALTH. HERBAL GUIDANCE FOR AUTO-IMMUNE DISEASES TO INCLUDE GUT HEALTH & PAIN MANAGEMENT, MENSTRUAL & VAGINAL HEALTH, FEMALE ENDOCRINE SYSTEM HEALING, WISE WOMEN TRADITIONS & WOMEN'S HEALTH, BREAST HEALTH, FEMALE REPRODUCTIVE ISSUES (FROM FIBROIDS TO ENDOMETRIOSIS TO INFERTILITY), THE MENOPAUSAL YEARS & A SPECIFIC MATERIA MEDICA AND A CUSTOM FORMULARY FOR WOMEN.

40 CLASS HOURS

AND CO-REQUISITE COURSES

HERBAL MEDIC BASIC

60+ HOURS OF ONLINE
FOUNDATION
TRAINING

PREGNANCY AND EMERGENCY CHILDBIRTH COURSE

LEARN ESSENTIAL SKILLS FOR ASSISTING IN AN EMERGENCY SITUATION WHEN THERE IS NO ONE AVAILABLE TO ASSIST.

**16 ONLINE CLASS HOURS
(TAUGHT EVERY AUGUST)**

2 DAY CHILDBIRTH HANDS-ON TRAINING

A TWO-DAY CLASS INTENSIVE, FOCUSING ON PRACTICAL SKILLS FOR ANYONE IN AN EMERGENCY BIRTH SITUATION. THIS 16-HOUR COURSE COVERS PRENATAL SKILLS, LABOR & BIRTH SUPPORT, POSTPARTUM SUPPORT AND EMERGENCY BIRTH SKILLS.

16 CLASS HOURS ON-SITE

CLINICAL NUTRITION PART 1

24 HOURS OF SUPPORTING
TRAINING TAUGHT ONLINE